



# ACNS COVID-19 RESOURCES FOR CLINICAL NEUROPHYSIOLOGY

## MANAGING REQUESTS FOR NEURODIAGNOSTIC TESTING

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NOTE: The situation surrounding COVID-19 is evolving rapidly and ACNS first recommends that clinicians follow policies and guidelines set by their institution and state and federal authorities. The following are considerations and approaches to be considered when developing policies and protocols.

### Managing Inpatient Requests for Neurodiagnostic Testing

#### 1. Inpatient EEG

- Neurology or Neurophysiology attending should establish medical necessity and appropriate timing of all NDT studies on COVID +/-PUI.
- If NDT staffing is limited, then consider Neurology or Neurophysiology approval of ALL NDT procedures, regardless of COVID status. Determine in advance who will be involved in the approval process (Neurology resident, Neurophysiology fellows, attending physicians).
- Give careful consideration to whether EEGs ordered as routine should be converted to continuous (long-term) EEG prior to the start of the procedure to reduce the need for re-connections and time in the room.

#### 2. Elective EEG monitoring/EMU

- In keeping with national directives to limit elective admissions to optimize bed availability for potential COVID-19 patients, many institutions have cancelled elective EMU admissions. Local factors, including COVID-19 activity in the region and utilization of resources in the hospital may impact this decision.
- Consider the urgency of the request and alternatives to elective EEG monitoring (particularly for diagnostic evaluations).
  - a. Acquire home video of events.
  - b. Ambulatory EEG.

### Outpatient Testing

#### 1. Ambulatory EEG (with video if available)

- Balance risk vs. benefit; Ambulatory EEG data may inform treatment to avoid ED visits.
- Cleaning – Clean all surfaces with antiseptic wipe.
- If not already being done, consider having hookup/take down done at the outpatient lab and not the hospital to limit exposure and hospital traffic.

#### 2. Outpatient “Routine” Neurodiagnostic Procedures

- Due to the potential risk of infectious exposure to both patients and healthcare providers, hospitals are encouraged to postpone non-urgent elective outpatient procedures such as EEG and EMG.
- However, urgency of a particular procedure should always be considered on an individual basis.

#### 3. Sleep Studies

- AASM website: <https://aasm.org/clinical-resources/covid-19-faq/>
- One specific area of concern is exposure of health-care workers by aerosolized particles during positive-airway ventilation. Many institutions are rescheduling or foregoing CPAP titration studies, instead relying on autotitration.
- Home sleep testing remains an option. As above, balance risk vs. benefit and importance of cleaning all equipment between uses.