

Disclaimer: The information provided is for in-home video EEG testing general informational purposes only and may not pertain to everyone.

What is a video EEG test?

A video electroencephalogram (VEEG) is a painless test used by doctors to detect seizures, epilepsy, or other conditions that may look like seizures. An EEG device records your brain activity, while at the same time a video camera records your body movements. VEEG testing helps your doctor understand how your body movements and brain activity compare to one another. This gives your doctor important information that helps support diagnosis and treatment. Your doctor may order your EEG test with or without video.

How long is the set-up process?

The set-up process typically takes 2 to 3 hours to complete and begins when the EEG tech arrives at your home to set up your test. During the set-up process, the EEG tech will apply EEG electrodes to the skin on your head (**if you are known to have sensitive skin, tell the EEG tech**) and set up the video camera equipment.



**In-Home Video EEG:
What-to-Expect Video**

What do I need to do to prepare for my EEG test?



Shower or bathe the night before your test. You will not be able to shower until after your test.

Before your test set-up do not use any hair or scalp conditioner, or any hairstyling products such as gel, mousse, oil, or hairspray. These products can affect the testing equipment.



Remove hair pieces or braids from the scalp prior to your test. This will help the EEG tech apply the electrodes efficiently.



Wear a shirt with buttons or a zipper in the front so you can easily change your clothes during your test. You will want to avoid putting anything on or over your head once the electrodes have been applied to your scalp.

How will I know when an EEG tech is on the way to my home?

An EEG tech will contact you at the number you provided when you scheduled your appointment. They will call you the day before your appointment and give you a time window for when they will arrive. If the EEG tech is unable to reach you, they will leave a voicemail and/or a text message with this information. On the day of your appointment, you will receive a call or text message from the EEG tech when they are on their way.

What areas of my home will the EEG tech need access to?

- An area to review and complete paperwork (table or countertop)
- An area you can comfortably sit upright while the EEG tech puts the electrodes on your head
- Living room or the area in your home where you spend the most of your time (one of the video cameras will go there)
- Your sleeping area (one of the video cameras will go there)

NOTE: If there are any pets inside the home, please put them in another room while the EEG technician is inside your home. Service animals may always stay with you.

What if I need to cancel or make a change to my scheduled appointment?

We ask you to give Stratus' scheduling team 48-hours notice if you need to make any changes to your scheduled appointment. Our scheduling team is available Monday–Friday between the hours of 7 AM and 6 PM CST. To speak to one of our schedulers, please call **469-995-8417**.

Do I continue to take my medications?

Please follow any instructions your doctor gave you regarding medications during your test. If you have questions contact your doctor directly.

What COVID safety measures are being taken?

The health and safety of our patients and team members is always the top priority. Our EEG techs continue to follow CDC guidelines for increased precautionary measures and enter your home using the proper equipment.

Before Your In-Home Video EEG



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What are the cameras used for? (If applicable)

The cameras are used to record any symptoms, seizures, or events you may experience during the test. This gives your doctor important information to support diagnosis and treatment. Two cameras will be used during the test. One camera will be placed in your sleeping area and the other will be placed in the area where you spend the majority of your time during the day.

Will the cameras record audio? (If applicable)

Yes—the cameras record both audio and video. The audio from the video will provide your doctor with important information that will help with diagnosis and treatment. Your doctor is only interested in the parts of the audio recording where you experience symptoms or one of your typical events. Watching the video without audio is like watching a movie without sound—the audio helps your doctor to understand better.

Will other people in the home during my video EEG be recorded? (If applicable)

Yes—if someone walks in front of the camera they will appear on the video. Remember, your doctor is only interested in the parts of the recording where you experience symptoms or one of your typical events. The EEG tech that comes to your home will give you a recording notice sign to hang in the testing area of your home to let other people know.

Will someone be watching me the whole time? (If applicable)

No—our monitoring team will complete short, periodic remote check-ins, to ensure the equipment is working, that you are staying in view of the cameras, and that all your test data is being recorded. Our monitoring team may attempt to contact you if they notice an issue.

I have been told I will need a card and battery swap during my test, what does that mean? (If applicable)

If your doctor has ordered your test for an extended period of time, the testing equipment will need extra storage and battery to complete your test. After your test has begun, another appointment will be scheduled for an EEG tech to come to your home to assist with the equipment.

Contact Information



Scheduling

469-995-8417

Available Monday - Friday from 7 AM –6 PM CST.



Stratus

469-995-8416

Available Monday - Friday from 7 AM –6 PM CST.